

PREPARE & AFTERCARE



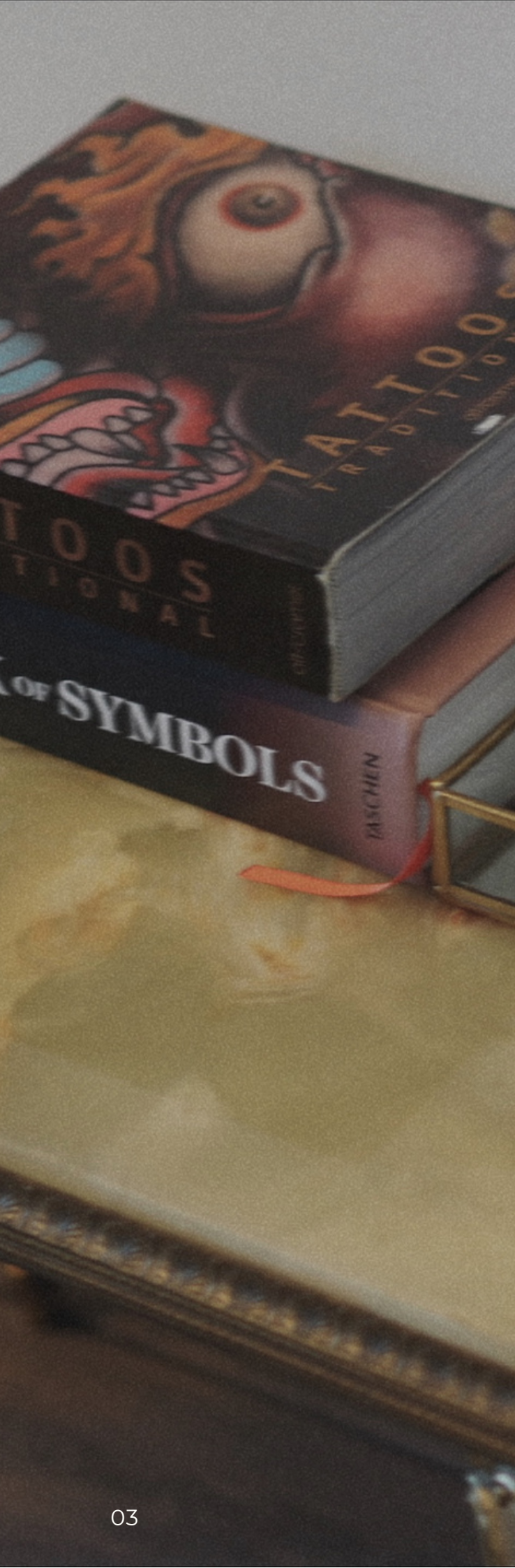


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01. PREPARE

Coming in for your first tattoo? Or are you a regular visitor? No matter what, it doesn't hurt to refresh your memory on how to prepare for your session. Here we have listed the most important tips to get you through with confidence.

Tip! *Not essential but would definitely make the artist happy: bring neutral-colored clothing so we can take a beautiful picture of your tattoo afterward. Think black, beige, muted browns in linen, lace, or anything similar!*

- **Make sure you are well-rested and had a good night of sleep.**

We ask that you avoid going out the night before your appointment. The use of drugs and alcohol could be affecting the tattooing process as your blood will become thinner. This can also affect how well you can handle the pain. In addition, if you arrive intoxicated during your appointment, we will send you home

- **Eat a meal and stay hydrated**

If you are going to have a long session it is a good idea to bring along some snacks, fruit, and other sugary drinks/water. This way you don't have to worry about getting hungry and having nothing to eat. You can always ask for a break if you need one.

- **Shower**

As we will be in each other's personal space for several hours, it is important for us to ensure that everybody takes care of their personal hygiene. We ask that everyone had a shower and put on some deodorant, at least neutral smelling. Don't overdo it with perfume as well.

- **Do NOT moisturize your skin on the day of your appointment.**

We recommend that you moisturize your skin the days leading up to your appointment, but stop using any moisturizer on the body part that will get tattooed on the day of your appointment. This way the stencil will stay longer on your skin, and as we are making small cuts we do not want any heavily perfumed lotions entering your skin.

- **Dress comfortably**

Getting tattooed is an active process that requires physical and mental focus. Even though you may not experience a lot of pain, getting tattoos can cause your temperature to drop a little. It's best to bring a hoodie and scarf to keep warm, especially if you are planning on getting a backpiece or other intimate tattoos.

- **Medication or allergies**

If any of your allergies or medication can disrupt the healing process of your tattoo or cause any other damage, make sure to inform your tattoo artist beforehand. Always check in with your doctor if you have any serious health issues.



02. AFTERCARE

Aura One recommends using bepanthen or hustle butter as an ointment. Use unicura balance as soap. These are available for purchase in the studio or any supermarket/pharmacy

During the tattooing, the skin is broken, causing a wound. If you take good care of the tattoo, it will take about six weeks for this wound to heal.

If the tattoo is covered with a sterile compress or cling film, you can remove it after 3 to 5 hours. Wound spray or self-adhesive clear film should be left in place until it wears off or falls off on its own. You can shower with a tattoo.

Treat the uncovered tattoo wound as follows:

- wash the tattoo twice a day with mild unscented soap;
- pat the tattoo dry with a clean towel after washing;
- lubricate the wound with an ointment that you have received from the tattoo artist or that he or she recommends.

During the healing process, make sure you:

- touch the tattoo wound as little as possible (wash your hands before treating the wound);
- do not scratch the tattoo wound;
- do not cover the tattoo wound with tight or soiled clothing;
- do not cover the tattoo wound with plasters or bandages;
- avoid (bubble) baths, swimming pools, saunas, and steam baths;
- do not expose the tattoo wound to sunlight or tanning beds.

The tattooed skin remains very sensitive to sunlight even after healing. Therefore, always apply sunscreen to your tattoo (when the skin is closed).

Please note: contact your doctor in case of extreme redness, swelling, bleeding, exudate, color change, or chronic pain.





03. FREQUENTLY ASKED QUESTIONS

I want to reschedule or cancel my appointment, how can I do this?

By emailing auraonetattoo@gmail.com at least 24hr prior to your appointment. Your down payment will be valid for 6 months to reschedule.

Can I get a tattoo if I'm pregnant or breastfeeding?

No, we strongly advise not to get tattooed during this period due to the high risks of infection. We advise waiting at least 3-6 months after breastfeeding/giving birth to get tattooed. Give your body the time to heal.

Can I bring someone to my appointment?

No, tattooing is a delicate process that needs a lot of concentration. To keep our focus, it is not allowed to bring friends or family.

When will I see the design?

The design will be shown to you on the day of your appointment. Because of the large volume of clients, your design cannot be sent any sooner. There will always be enough time to make some changes. Please make sure that your email is complete, and includes a clear description of what you want. This way the best possible design can be created for you.

When do I need a touch up?

If some lines are faded and need a touch up wait at least 6 weeks. Your first touch up is always free of charge within 1 year after your original appointment. You can mail me at any time to book in a touch up session. auraonetattoo@gmail.com



04. WORDS FROM THE ARTIST

Hey there!

I am so honoured you have booked in with me, I can't wait to meet you! I hope this guide has prepared you for our session. Tattooing to me is not only about the art, but also about connecting with the guests that sit in my chair every day. I know how exciting (and sometimes even a bit scary) it is to meet someone new and trust them with your skin. At all times, I want you to feel welcome, safe, and comfortable in my space because that makes me able to work better with you too!

Maybe you like to talk with me, or rather bring a book, listen to your music with headphones, there is no pressure and if you prefer total silence that's totally fine as well. I ask each client what their needs are during the session and will make sure to accommodate those accordingly.

The only thing that I ask of you is your trust, and let me be able to create freely. Creative freedom is one of the most important things for any artist so they can bring your vision to life. We're gonna make something beautiful!

See you soon!

Love, Kimmy (Aura One)

